

# RECIPES 4 Flavors

Strawberry • Raspberry  
Marion Blackberry • Blueberry



*Real*  
Premium Fruit Base

...your imagination

BERRY UP! IS PERFECT FOR: BLENDER-LESS SMOOTHIES | BLENDED SMOOTHIES | ICED BLENDED COFFEES | FRUIT LEMONADES | SOFT SERVE SHAKES | LOWFAT YOGURT DRINKS | SUMMER COCKTAILS | FRUIT ICES & CRUSHES | FRUIT INFUSED SAUCES | ICE CREAM TOPPINGS

## REAL FRUIT, REAL FRESH, RIDICULOUSLY EASY.

### Low Fat Creamy Fruit Smoothie

**makes: 1 GALLON = 128 oz**

- 16 oz.** Water or Milk
- 32 oz.** Soft Serve Ice Cream Mix (vanilla or chocolate)
- 16 oz.** Berry Up! Fruit Base (any flavor)
- Ice

Pre-mix water, soft serve ice cream mix and Berry Up! Fruit Base in a half gallon container. Fill blender cup 3/4 full with ice (6 cups ice); pour pre-mix over ice and blend. Serve immediately.



Berry Up! Low Fat Creamy Fruit Smoothie

### Marion Blackberry Chocolate Decadence

**makes: 1 GALLON = 128 oz**

- 16 oz.** Water or Milk
- 32 oz.** Soft Serve Chocolate Ice Cream Mix
- 16 oz.** Berry Up! Marion Blackberry Fruit Base
- Ice

Blend portioned pre-mix with ice (same as Low Fat Creamy Fruit Smoothie). Top drink with whipped cream. Drizzle with Marionberry-Blackberry Berry-Up! Serve immediately.



Berry Up! Chocolate Marion Blackberry Decadence

### No-Blend Berry Smoothie

**makes: 1 PINT = 16 oz**

- 4 oz.** Berry Up! Fruit Base (any flavor)
- 6 oz.** Vanilla Soy Milk (or milk with added vanilla syrup)
- Ice

Pour 4oz. Berry Up! Fruit Base into bottom of pint (16oz.) glass. Add 1 cup ice. Gently layer 6oz. vanilla soy milk (or milk with added vanilla syrup) on top. Serve immediately.



Berry Up! No-Blend Berry Smoothie

# RECIPES 4 Flavors

Strawberry • Raspberry  
Marion Blackberry • Blueberry



*Real*  
Premium Fruit Base

...your imagination

BERRY UP! IS PERFECT FOR: BLENDER-LESS SMOOTHIES | BLENDED SMOOTHIES | ICED BLENDED COFFEES | FRUIT LEMONADES | SOFT SERVE SHAKES | LOWFAT YOGURT DRINKS | SUMMER COCKTAILS | FRUIT ICES & CRUSHES | FRUIT INFUSED SAUCES | ICE CREAM TOPPINGS

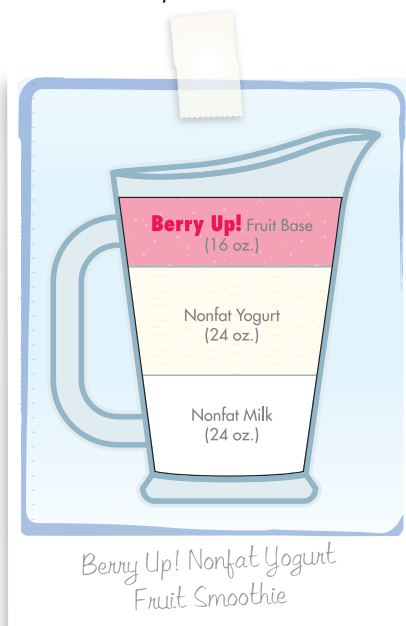
## REAL FRUIT, REAL FRESH, RIDICULOUSLY EASY.

### Nonfat Yogurt Fruit Smoothie

**makes: 1/2 GALLON PREMIX = 64 oz**

- 24 oz.** Nonfat Milk
- 24 oz.** Nonfat Yogurt
- 16 oz.** Berry Up! Fruit Base (any flavor)
- Ice

Pre-mix ingredients in a half gallon container for quicker drink assembly. Fill blender container 1/2 full with ice (4 cups), pour pre-mix over ice and blend. Serve immediately.

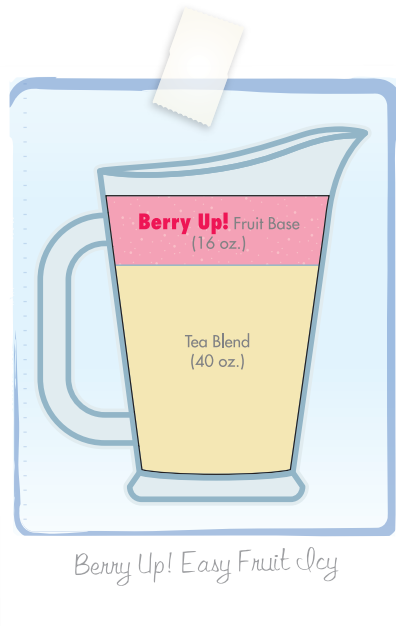


### Easy Fruit Icy

**makes: 1/2 GALLON PREMIX = 64 oz**

- 40 oz.** Tea Blend
- 24 oz.** Berry Up! Fruit Base (any flavor)
- Ice

Pre-mix ingredients in a half gallon container. Fill blender container 3/4 full with ice. Pour pre-mix over ice. Blend and serve immediately.



### Quenching Berry Lemonade

**makes: 1/2 GALLON = 64 oz**

- 48 oz.** Lemonade
- 12 oz.** Berry Up! Fruit Base (any flavor)
- Ice

Pre-mix ingredients in a half gallon container for quicker drink assembly. Fill cup with ice. Pour pre-mix over ice and serve.

